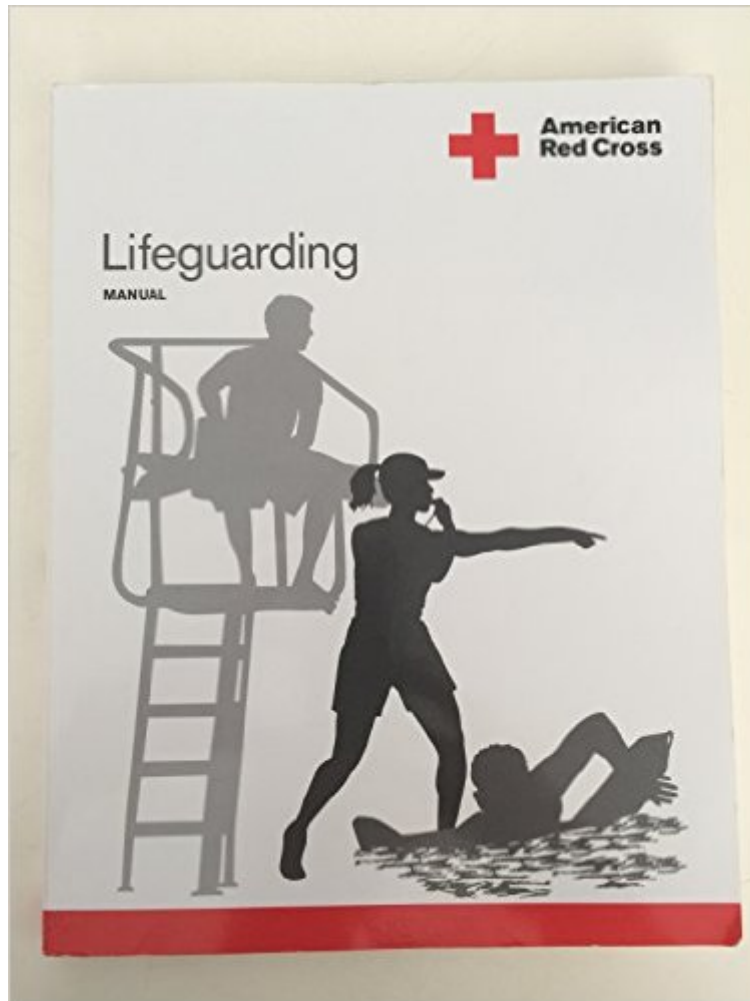


The book was found

# American Red Cross Lifeguarding Manual



## Synopsis

Designed to simplify learning, the participants manual reinforces key points from the Lifeguarding course. Reflects the latest ECC science and findings from the 2011 U.S. Lifeguard Standards Coalition Report .

## Book Information

Paperback: 290 pages

Publisher: Krames-Staywell; 1 edition (January 1, 2012)

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Product Dimensions: 8.3 x 0.5 x 10.7 inches

Shipping Weight: 1.3 pounds

Average Customer Review: 4.5 out of 5 stars [See all reviews](#) (17 customer reviews)

Best Sellers Rank: #81,194 in Books (See Top 100 in Books) #129 in [Books > Textbooks > Medicine & Health Sciences > Medicine > General](#) #194 in [Books > Sports & Outdoors > Coaching > Training & Conditioning](#) #6397 in [Books > Medical Books](#)

## Customer Reviews

After using this manual, throughout the summer, for the life guarding program my child completed I've found that it was worth buying this gently used manual....no need for a brand new one because of the environment it's used in.

Standard guide. Perfect quality. It helped me get my lifeguard license from Red Cross.I called and asked for a faster shipping since my classes were starting in 4 days. Not only it came in a couple of days, they didn't charge more for it.

Received in good condition. This will help my son who earned his Lifeguarding Certificate this summer. Something to keep on hand for a quick study

Awesome book. I purchased it to go along with my LGI manual as supplement. It arrived in great condition. Looks like it has all pages.

Very good book to help me set my goal to improve my swim skill and understand how to become a

lifeguard.

I bought the book and I found it to be quite simple but child like. I have to say that the red cross is good for some things but not life guarding, I'm sorry. I have used several other books from american lifeguard and also lifeguard-pro and they seemed to be much more information in my opinion.

I only gave it 4 stars because it had a large water stain on it. Otherwise, was just right .

I'm a headguard this year so this is helpful to have during/preparing for in service.

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